

# CERTIFIED

## PEACEFUL BABES KIDS YOGA TEACHER

This is to certify that:

# Jessica Kennedy

**Completed the Peaceful Babes Kids Yoga Teacher Training Course for ages 2-17.**

This course covered development for kids ages 2-17, kids yoga poses and sequencing, breathing and meditation practices for kids, kids yoga stories, yoga activities, yoga games, kids yoga class planning, teaching techniques, yoga for kids with anxiety and the business of kids yoga.

Principal Teacher Trainer

Jessica Fleming

*Jessica Fleming*

Date

1st March 2022

